



SALAD BAR
Vibrant, fresh and seasonal salad everyday



PRIMARY MENU WINTER 2025

JANUARY – APRIL

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	MEAT FREE BURGER Classic Quorn Cheeseburger in a Soft White Roll Rosemary Potato Wedges	BANGERS 'N' HASH Butcher's Pork Sausage	ROAST DINNER Roast Turkey Crown	CHICKEN KATSU Crispy Chicken with a Sweet Katsu Curry Sauce	FISH OF THE DAY Breaded Pollock Fillet
MEAT FREE MAIN COURSE	THAI NOODLES Thai Style Quorn Noodles with Red Peppers	VEGGIE SAUSAGE Garden Vegetable Sausage	VEGGIE ROAST Roast Quorn Fillet	CAULI KATSU Crispy Cauliflower Grill with a Sweet Katsu Curry Sauce	VEGGIE FRITTER Crispy Pea & Veg Fritters
<i>Sides</i>	Corn on the Cob	Potato Hash & Baked Beans	Roast Potatoes, Carrots & Peas with Gravy	White Rice & Broccoli	Rosemary Potato Wedges & Green Beans
BREAD	Zero Waste Croutons	Baguette Slice	Soft Roll Wedge	Naan Bread	Flatbread Finger
ALTERNATIVE MAIN	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
<i>Second Course</i> OR FRESH FRUIT	Cheddar Cheese & Cream Crackers Watermelon Slice	Fresh Fruit Salad Pineapple Sticks	Apple Doughballs Galia Melon Wedge	Mango Yoghurt & Oaty Biscuit Watermelon Slice	Vanilla Ice Cream Pineapple Sticks
<i>Packed LUNCH</i>	Egg Mayo & Tomato or Cheddar Cheese Salad Sandwich Cucumber Sticks, Organic Fruit Yoghurt, & Satsuma	Fajita Chicken Salad or Cream Cheese & Chive Baguette Carrot Sticks, Organic Fruit Yoghurt, & Banana	Chicken Mayo & Sweetcorn or Cheddar Cheese & Cucumber Sandwich Pepper Sticks, Organic Fruit Yoghurt, & Satsuma	Ham Salad or Egg Mayo & Chive Baguette Cucumber Sticks, Organic Fruit Yoghurt, & Banana	Tuna Mayo & Cucumber or Double Cheese & Tomato Sandwich Carrot Sticks, Organic Fruit Yoghurt, & Apple

DATES: 1ST JANUARY | 20TH JANUARY | 10TH FEBRUARY | 3RD MARCH | 24TH MARCH | 14TH APRIL