

# Primary LUNCH MENU



## Meat Free Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Week 1

15.04.2024  
13.05.2024  
10.06.2024  
08.07.2024  
05.08.2024

Four Cheese Tortellini in Creamy Tomato Sauce with Cheese, Carrots and Crusty Garlic Bread

Jacket Potato with Baked Beans and Cheddar Cheese

Mango Yoghurt with Fruit Shortcake

Thai Style Chicken Noodles with Red Peppers and Broccoli

Thai Style Mushroom Noodles with Red Peppers and Broccoli

Jacket Potato with Baked Beans and Cheddar Cheese

Cheddar Cheese & Crackers

Jacket Potato with Tuna Mayo and Cucumber Slices

Jacket Potato with Baked Beans and Cheddar Cheese

Cheese and Tomato Pasta Bake with Cucumber Slices and Red Pesto Bread Finger

Watermelon Slices

Mexican Beef and Bean Chilli with Brown Rice and Sweetcorn Salsa

Mexican Sweet Potato and Bean Chilli with Brown Rice and Sweetcorn Salsa

Jacket Potato with Baked Beans and Cheddar Cheese

Apple Sponge Tart

MSC Fish Fingers with Mashed Potato and Peas

Vegetable Fingers with Mashed Potato and Peas

Jacket Potato with Baked Beans and Cheddar Cheese

Fresh Fruit Salad

### Week 2

22.04.2024  
20.05.2024  
17.06.2024  
15.07.2024  
12.08.2024

Vegetable Burger in a Bun with Jumbo Potato Wedges and Baked Beans

Jacket Potato with Baked Beans and Cheddar Cheese

Strawberry Jelly

Moroccan Lamb and Chickpea Tagine with Couscous and Grated Carrot Salad

Meat Free Mince and Chickpea Tagine with Couscous and Grated Carrot Salad

Jacket Potato with Baked Beans and Cheddar Cheese

Fresh Fruit Salad

Fajita Chicken Wrap with Rosemary Potato Wedges and Crisp Leaf Salad

Fajita Butternut Squash Wrap with Rosemary Potato Wedges and Crisp Leaf Salad

Jacket Potato with Baked Beans and Cheddar Cheese

Vanilla Ice Cream

Pork Sausage with Roast Potatoes, Peas & Carrots and Gravy

Vegetable Sausage with Roast Potatoes, Peas & Carrots and Gravy

Jacket Potato with Baked Beans and Cheddar Cheese

Strawberry Yoghurt with Oaty Biscuit

MSC Tuna Mac n Cheese with Green Beans and Red Pesto Bread Finger

Cherry Tomato Mac n Cheese with Green Beans and Red Pesto Bread Finger

Jacket Potato with Baked Beans and Cheddar Cheese

Pineapple Sticks

### Week 3

29.04.2024  
27.05.2024  
24.06.2024  
22.07.2024  
19.08.2024

Butternut Squash and Green Lentil Cottage Pie with a Cheesy topping and Green Bean

Jacket Potato with Baked Beans and Cheddar Cheese

Flapjack

Roast Chicken with Roast Potatoes, Cauliflower & Carrots and Gravy

Roast Sweet Potato Balls with Roast Potatoes, Cauliflower & Carrots and Gravy

Jacket Potato with Baked Beans and Cheddar Cheese

Honeydew Melon Wedges

Beef and Mushroom Spaghetti Bolognese with Peas, and Crusty Garlic Bread

Meat Free Mince and Mushroom Spaghetti Bolognese with Peas, and Crusty Garlic Bread

Jacket Potato with Baked Beans and Cheddar Cheese

Victoria Sponge Cake

Chicken, Red Lentil and Carrot Korma with Rice and Broccoli

Chickpea, Red Lentil and Carrot Korma with Rice and Broccoli

Jacket Potato with Baked Beans and Cheddar Cheese

Fresh Fruit Salad

MSC Fish Burger in a Bun with Jumbo Potato Wedges and Sweetcorn

Vegetable Burger in a Bun with Jumbo Potato Wedges and Sweetcorn

Jacket Potato with Baked Beans and Cheddar Cheese

Rhubarb & Custard Yoghurt with Fruit Shortcake

### Week 4

06.05.2024  
03.06.2024  
01.07.2024  
29.07.2024  
26.08.2024

Mozzarella and Tomato Pizza with Rosemary Potato Wedges and Cucumber Slices

Jacket Potato with Baked Beans and Cheddar Cheese

Blueberry Muffin

Ham and Leek Carbonara Pasta Bake with Peas and Crusty Garlic Bread

Spinach and Leek Carbonara Pasta Bake with Peas and Crusty Garlic Bread

Jacket Potato with Baked Beans and Cheddar Cheese

Vanilla Yoghurt with Oaty Biscuit

Mexican Chicken Chilli with Rice and Green Beans

Mexican Bean Chilli with Rice and Green Beans

Jacket Potato with Baked Beans and Cheddar Cheese

Fresh Fruit Salad

Jacket Potato with Tuna Mayo and Sweetcorn

Jacket Potato with Baked Beans and Cheddar Cheese

Spinach and Ricotta Tortellini in Creamy Tomato Sauce with Cheese, Sweetcorn & Garlic Bread

Pineapple Sticks

MSC Breaded Fish Fillet with Potato Gratin and Carrots

Vegetable Sausage with Potato Gratin and Carrots

Jacket Potato with Baked Beans and Cheddar Cheese

Strawberry Swirl Mousse

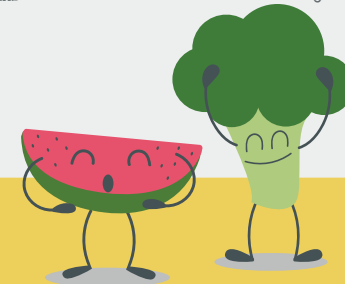
All Our Dairy Products are Red Tractor Assured. Subject to availability

MSC - Approved by the Marine Stewardship Council



# CRUMBS

## FOOD CO



Laura Matthews Nutrition

Reduced Salt and Sugar

A type of Bread or Tortilla Chips and Fresh Salad is available every day