

Primary Lunch Menu (with JP)

Autumn Term 2023 (September to December)

	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 04.09.2023 02.10.2023 30.10.2023 27.11.2023	<ul style="list-style-type: none"> •Vegetable Burger in a Brioche Bun with Jumbo Potato Wedges and Baked Beans* •Jacket Potato with Baked Beans* and Cheddar Cheese •Vanilla Yoghurt with Oaty Biscuit 	<ul style="list-style-type: none"> •Thai Style Chicken Noodles with Red Peppers and Broccoli •Thai Style Mushroom Noodles with Red Peppers and Broccoli •Jacket Potato with Baked Beans* and Cheddar Cheese •Cheddar Cheese & Crackers 	<ul style="list-style-type: none"> •Pork Sausage with Mashed Potato, Green Beans and Gravy •Vegetable Sausage with Mashed Potato, Green Beans and Gravy •Jacket Potato with Baked Beans* and Cheddar Cheese •Flapjack 	<ul style="list-style-type: none"> •Chicken, Lentil and Carrot Korma with Brown Rice and Peas •Chickpea, Lentil and Carrot Korma with Brown Rice and Peas •Jacket Potato with Baked Beans* and Cheddar Cheese •Coconut and Jam Cake 	<ul style="list-style-type: none"> •MSC* Salmon Mac n Cheese with Carrots and Red Pesto Bread Finger •Cherry Tomato Mac n Cheese with Carrots and Red Pesto Bread Finger •Jacket Potato with Baked Beans* and Cheddar Cheese •Melon Wedges
Week 2 11.09.2023 09.10.2023 06.11.2023 04.12.2023	<ul style="list-style-type: none"> •Jacket Potato with Tuna Mayo and Sweetcorn •Jacket Potato with Barbeque Baked Beans* and Cheddar Cheese •Strawberry Jelly 	<ul style="list-style-type: none"> •Swedish Meatballs with Creamy Gravy, Rice and Green Beans •Falafel with Creamy Gravy, Rice and Green Beans •Jacket Potato with Baked Beans* and Cheddar Cheese •Lemon Drizzle Cake 	<ul style="list-style-type: none"> •Creamy Chicken and Sweetcorn Wholewheat Pasta Bake with Mozzarella Topping, Broccoli and Garlic Bread •Creamy Leek, Sweetcorn and Butter Bean Wholewheat Pasta Bake with Mozzarella Topping, Broccoli and Garlic Bread •Jacket Potato with Baked Beans* and Cheddar Cheese •Strawberry Shortbread 	<ul style="list-style-type: none"> •Pulled Gammon Cauliflower Cheese with Crispy Crouton Topping and Carrots •Cannellini Bean Cauliflower Cheese with Crispy Crouton Topping and Carrots •Jacket Potato with Baked Beans* and Cheddar Cheese •Black Cherry Yoghurt with Oaty Biscuit 	<ul style="list-style-type: none"> •MSC* Fish Burger in a Bun with Rosemary Potato Wedges and Peas •Vegetable Burger in a Bun with Rosemary Potato Wedges and Peas •Jacket Potato with Baked Beans* and Cheddar Cheese •Fresh Fruit Salad
Week 3 18.09.2023 16.10.2023 13.11.2023 11.12.2023	<ul style="list-style-type: none"> •Spinach and Ricotta Tortellini in Creamy Tomato Sauce with Cheese, Green Beans* and Garlic Bread •Jacket Potato with Baked Beans* and Cheddar Cheese •Flapjack 	<ul style="list-style-type: none"> •Roast Chicken with Gratin Potatoes and Broccoli •Spiced Roast Cauliflower with Gratin Potatoes and Broccoli •Jacket Potato with Baked Beans* and Cheddar Cheese •Melon Wedges 	<ul style="list-style-type: none"> •Mexican Beef and Bean Chilli with Brown Rice and Carrots •Mexican Sweet Potato and Bean Chilli with Brown Rice and Carrots •Jacket Potato with Baked Beans* and Cheddar Cheese •Banana and Chocolate Chip Cake 	<ul style="list-style-type: none"> •Jacket Potato with Tuna Mayo and Sweetcorn •Jacket Potato with Baked Beans* and Cheddar Cheese •Strawberry Jelly 	<ul style="list-style-type: none"> •MSC* Fish Fingers with Mashed Potato and Peas •Vegetable Fingers with Mashed Potato and Peas •Jacket Potato with Baked Beans* and Cheddar Cheese •Fresh Strawberry Yoghurt with Oaty Biscuit
Week 4 25.09.2023 23.10.2023 20.11.2023 18.12.2023	<ul style="list-style-type: none"> •Mozzarella and Tomato Muffin Pizza with Rosemary Potato Wedges and Sweetcorn •Jacket Potato with Baked Beans* and Cheddar Cheese •Blueberry Muffin 	<ul style="list-style-type: none"> •Chicken a la King with Rice and Green Beans •Cannellini Bean a la King with Rice and Green Beans •Jacket Potato with Baked Beans* and Cheddar Cheese •Fresh Fruit Salad 	<ul style="list-style-type: none"> •Lamb and Lentil Shepherd's Pie with Leeks and Peas •Sweet Potato and Lentil Shepherd's Pie with Leeks and Peas •Jacket Potato with Baked Beans* and Cheddar Cheese •Fresh Mango Yoghurt with Oaty Biscuit 	<ul style="list-style-type: none"> •Beef Bolognese with Penne Pasta, Cucumber Sticks and Garlic Bread •Mushroom Bolognese with Penne Pasta, Cucumber Sticks and Garlic Bread •Jacket Potato with Baked Beans* and Cheddar Cheese •Pineapple Sticks 	<ul style="list-style-type: none"> •MSC*Breaded Fish Fillet with Roast Potatoes and Broccoli •Vegetable Fingers with Roast Potato and Broccoli •Jacket Potato with Baked Beans* and Cheddar Cheese •Cheddar Cheese & Crackers

Bread and Fresh Salad is available every day

All Our Dairy Products are Red Tractor Assured*

*MSC - Approved by the Marine Stewardship Council

*Reduced Salt and Sugar

*Subject to availability