

# Primary LUNCH MENU



- MEAT FREE -  
Monday

Tuesday

Wednesday

Thursday

Friday

## Week 1

25.04.2022  
23.05.2022  
20.06.2022  
18.07.2022  
15.08.2022

Spanish Vegetable Paella with Broccoli and Garlic Bread

Raspberry Ripple Ice Cream Sponge Roll

Turkey Meatballs with Couscous, Tomato Sauce and Green Beans

Sweet Potato Falafels with Couscous, Tomato Sauce and Green Beans

Fresh Fruit Salad

Jacket Potato with Tuna Mayonnaise and Cucumber Sticks

Jacket Potato with Cheddar Cheese and Coleslaw

Orange & Mango Jelly

"Beef Cheeseburger" Pasta Bake, Sweetcorn and Garlic Bread

"Mushroom Cheeseburger" Pasta Bake, Sweetcorn and Garlic Bread

Watermelon Wedges

MSC Pollock Fish Fingers with Herb Diced Potatoes and Baked Beans

Vegetable Fingers with Herb Diced Potatoes and Baked Beans

Fresh Natural Strawberry Yoghurt

## Week 2

02.05.2022  
30.05.2022  
27.06.2022  
25.07.2022  
22.08.2022

Veggie Burger in a Brioche Bun with Potato Wedges, Sweetcorn and Tomato Ketchup

Fresh Cream Profiteroles with Chocolate Sauce

Mexican Beef and Bean Burrito with Cheese and Cucumber Sticks

Mexican Sweet Potato and Bean Burrito with Cheese and Cucumber Sticks

Fresh Natural Raspberry Yoghurt

Pork Sausage and Spinach Penne Pasta Bake with Peas and Garlic Bread

Spinach and Pea Penne Pasta Bake with Peas and Garlic Bread

Pineapple Sticks

Chicken, Carrot and Coconut Curry with Rice, Broccoli and Naan Bread

Chick Pea, Carrot and Coconut Curry with Rice, Broccoli and Naan Bread

Vanilla Ice Cream

MSC Cod and Pollock Fish Cake with Buttered New Potatoes, Green Beans and Tomato Ketchup

Vegetable Fingers with Buttered New Potatoes, Green Beans and Tomato Ketchup

Fresh Fruit Salad

## Week 3

09.05.2022  
06.06.2022  
04.07.2022  
01.08.2022  
29.08.2022

Jacket Potato with Chuna Mayonnaise and Cucumber Sticks

Cheddar Cheese & Cream Crackers

Barbeque Chicken with Herb Diced Potatoes and Peas

Barbeque Cauliflower with Herb Diced Potatoes and Peas

Honeydew Melon Wedges

Mexican Mixed Bean Chilli Loaded Potato Wedges with Cheese, Sweetcorn Salsa and Tortilla Chips

Fresh Natural Vanilla and Peach Yoghurt

Roast Gammon Slice with Cheesy Colcannon Potatoes and Baked Beans

Roast Quorn with Cheesy Colcannon Potatoes and Baked Beans

Fresh Fruit Salad

MSC Smoked Haddock and Leek Risotto with Carrots

Pea, Red Pepper and Leek Risotto with Carrots

Strawberry Mousse

## Week 4

16.05.2022  
13.06.2022  
11.07.2022  
08.08.2022

Cheese and Tomato Pizza with Herb Diced Potato and Sweetcorn

Fresh Natural Mango Yoghurt

Chicken and Squash Pasta Bake with Mozzarella Topping, Cucumber Sticks and Garlic Bread

Spinach and Squash Pasta Bake with Mozzarella Topping, Cucumber Sticks and Garlic Bread

Lemon Mousse

Crispy Potato Topped Lamb and Lentil Rogan Josh with Peas and Naan Bread

Crispy Potato Topped Aubergine and Lentil Rogan Josh with Peas and Naan Bread

Fresh Fruit Salad

Butcher's Pork Sausage with Potato Wedges and Baked Beans

Vegetable Sausage with Potato Wedges and Baked Beans

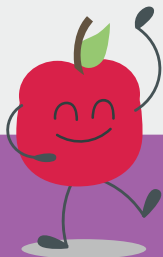
Strawberry Jelly

MSC Tuna Mac 'n' Cheese with Broccoli and Garlic Bread

Cherry Tomato Mac 'n' Cheese with Broccoli and Garlic Bread

Pineapple Sticks

All Our Dairy Products are Red Tractor Assured - Subject to availability

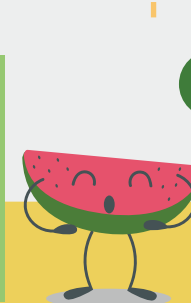


MSC - Approved by the Marine Stewardship Council

# CRUMBS

FOOD CO

www.crumsfoodco.com



Reduced Salt and Sugar

Bread and Fresh Salad is available every day