

Primary LUNCH MENU



- MEAT FREE -

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

03.01.2022
31.01.2022
28.02.2022
28.03.2022

Mushroom Mince Bolognese, Penne Pasta with Cheddar Cheese, Green Beans and Garlic Bread

Flapjack

Jacket Potato with Tuna Mayonnaise and Cucumber Sticks

Jacket Potato with Baked Beans* and Cheddar Cheese

Fresh Fruit Salad

Crispy Potato Topped Lamb and Lentil Rogan Josh with Peas and Naan Bread

Crispy Potato Topped Aubergine and Lentil Rogan Josh with Peas and Naan Bread

Cheddar Cheese and Cream Crackers

Roast Chicken Breast with Roast Potatoes, Yorkshire Pudding, Mixed Vegetables and Gravy

Sweet Potato Falafel with Roast Potatoes, Yorkshire Pudding, Mixed Vegetables and Gravy

Watermelon Wedges

MSC* Smoked Haddock and Free-Range Egg Kedgeree with Broccoli

Pea, Red Pepper and Free-Range Egg Kedgeree with Broccoli

Fresh Natural Strawberry Yoghurt

Week 2

10.01.2022
07.02.2022
07.03.2022
04.04.2022

Cheese and Tomato Pizza with Herb Diced Potatoes and Coleslaw

Fresh Cream Profiteroles with Chocolate Sauce

Ginger Chicken Noodles, Green Beans and Red Peppers with Broccoli

Ginger Mushroom Noodles, Green Beans and Red Peppers with Broccoli

Fresh Natural Mango Yoghurt

Pork Sausage and Spinach Penne Pasta Bake with Cauliflower and Garlic Bread

Spinach and Pea Penne Pasta Bake with Cauliflower and Garlic Bread

Pineapple Sticks

Mexican Beef Chilli with Rice, Sweetcorn and Tortilla Chips

Mexican Mixed Bean Chilli with Rice, Sweetcorn and Tortilla Chips

Fresh Fruit Salad

MSC* Cod and Pollock Fish Cakes with Buttered New Potatoes and Peas

Vegetable Fingers with Buttered New Potatoes and Peas

Cheddar Cheese and Cream Crackers

Week 3

17.01.2022
14.02.2022
14.03.2022
11.04.2022 (HT)

Jacket Potato with Baked Beans and Cheddar Cheese

Pancakes and Banana

Chicken, Chickpea and Butternut Squash Curry with Rice, Peas and Naan Bread

Sweet Potato, Butternut Squash and Chickpea Curry with Rice, Peas and Naan Bread

Melon Wedges

Roast Gammon with Roast Potatoes, Yorkshire Pudding, Mixed Vegetables and Gravy

Sweet Potato Falafels with Roast Potatoes, Yorkshire Pudding, Mixed Vegetables and Gravy

Vanilla and Peach Yoghurt

Minced Lamb and Vegetable Shepherd's Pie with Green Beans

Green Lentil and Vegetable Shepherd's Pie and Green Beans

Orange and Mango Jelly

MSC* Tuna Mac 'n' Cheese with Carrots and Garlic Bread

Cherry Tomato Mac 'n' Cheese with Carrots and Garlic Bread

Fresh Fruit Salad

Week 4

24.01.2022
21.02.2022
21.03.2022

Mexican Mixed Bean Chilli with Rice, Tortilla Chips and Cucumber Sticks

Fresh Natural Raspberry Yoghurt

Butcher's Pork Sausage with Potato Wedges and Baked Beans

Vegetable Sausage with Potato Wedges and Baked Beans

Lemon Drizzle Cake

Creamy Chicken Stew with Roast Potatoes and Sliced Carrots

Creamy Leek and Butter Bean Stew with Roast Potatoes and Sliced Carrots

Fresh Fruit Salad

"Beef Cheeseburger" Pasta Bake, Sweetcorn and Garlic Bread

"Mushroom Cheeseburger" Pasta Bake, Sweetcorn and Garlic Bread

Cheddar Cheese and Cream Crackers

MSC* Pollock Fish Fingers with Herb Diced Potatoes and Peas

Vegetable Fingers with Herb Diced Potatoes and Peas

Pineapple Sticks

All Our Dairy Products are Red Tractor Assured*
*Subject to availability



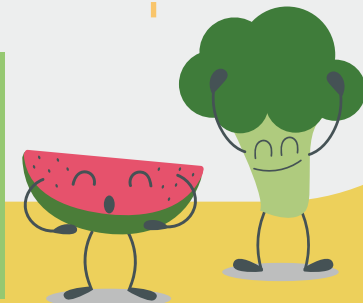
*MSC - Approved by the Marine Stewardship Council

CRUMBS

FOOD CO

www.crumsfoodco.com

Bread and Fresh Salad is available every day



Reduced Salt and Sugar